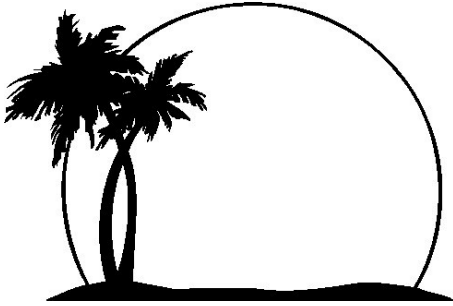


June, 2022



Your Santa Barbara Central Office Presents

The Messenger

14 W. Anapamu Street, Santa Barbara, CA 93101
(805) 962-3332 www.santabarbaraaa.com

Happy Birthday AA! (Founders Day)



Dr. Bob

Bill W.

The Managers Corner

Dear Fellow AAs:

I am so excited to be stepping into the shoes of the new manager of our Santa Barbara AA Central Office!!

I would be remiss if I did not take this opportunity to give a ginormous THANK YOU to our outgoing manager Tim W. So you see, the shoes I will attempt to fill are rather large. Tim's unwavering commitment to his managerial position, and indeed to Alcoholics Anonymous, is epic! He has guided our Central Office on a straight and narrow course for the last couple of years, but all tolled Tim has been the guiding force off and on for approximately 17 years.

Tim had a way of making you feel like you were the most special person in the room. He gave generously of his time and always tried to help meet the needs of others, whether it was in the Office or outside at a meeting. To say you will be missed Tim is an understatement. But Tim, you will be missed. Don't forget the coffee pot is always on (or the Keurig is always plugged in, I should say). Stop by anytime!!!

Theresa C.

XX

Venmo for Central Office Donations - Your Central Office is now accepting Venmo donations. Scan the QR code below or search for: @SBCentralOffice

IMPORTANT: Please indicate what Group is making the donation or what individual member is making the donation



Scan QR Code for payment

Don't forget these guys!



Ebby Thatcher



Dr. William D Silkworth

“The spark that was to flare into the first A.A. group was struck at Akron, Ohio in June 1935, during a talk between a New York stockbroker and an Akron physician. Six months earlier, the broker had been relieved of his drink obsession by a sudden spiritual experience, following a meeting with an alcoholic friend who had been in contact with the Oxford Groups of that day. He was also greatly helped by the late Dr. William D. Silkworth, a New York specialist in alcoholism who is now accounted no less than a medical saint by A.A. members [...].”

Alcoholics Anonymous pg. xvi

My dear friends,

Recently an A.A. member sent me an unusual greeting which I would like to extend to you. He told me it was an ancient Arabian salutation. Perhaps we have no Arabian groups, but it still seems a fitting expression of how I feel for each of you. It says, "I salute you and thank you for your life."

My thoughts are much occupied these days with gratitude to our Fellowship and for the myriad blessings bestowed upon us by God's Grace.

If I were asked which of these blessings I felt was most responsible for our growth as a fellowship and most vital to our continuity, I would say, the "Concept of Anonymity."

Anonymity has two attributes essential to our individual and collective survival; the spiritual and the practical.

On the spiritual level, anonymity demands the greatest discipline of which we are capable; on the practical level, anonymity has brought protection for the newcomer, respect and support of the world outside, and security from those of us who would use A.A. for sick and selfish purposes.

A.A. must and will continue to change with the passing years. We cannot, nor should we, turn back the clock. However, I deeply believe that the principle of anonymity must remain our primary and enduring safeguard. As long as we accept our sobriety in our traditional spirit of anonymity we will continue to receive God's Grace.

And so—once more, I salute you in that spirit and again I thank you *for your lives*. May God bless us all now, and forever.

**Read by Lois at the annual dinner given by the New York Intergroup Association in honor of Bill's 36th anniversary—October 10, 1970.*



Hooray!
It's Really Happening!

**Fourth of July Picnic
at Tucker's Grove
Monday, July 4th, 2022
11:00 a.m. - 3:00 p.m.
Benefits Your Central Office**

Central Office Stats

AA Info Calls	585
Out of Town Visitors	987
Office Walk Ins	1,092
Website Pageviews	11,098

Why do we publish these statistics and **why do you care?** Well, Central Office provides **important services for our community** and you can see how those can **help the suffering alcoholic**. What if no one answered the 81 calls? **What if no one answered when you called?** Fine, you've already got yours, but what if no one answered when your son, daughter, brother, mother, father, friend called? **This is our responsibility.**

Hospitals & Institutions (H&I) Service Committee Meeting
Meets the 2nd Mon. of the month
at Your Central Office
5:30 Orientation for new members
Business meeting as usual
6:00 p.m. – 7:00 p.m.

S.B. Intergroup (IGR)
Meets the 2nd Tues. of the month
6:00 p.m. – 7:00 p.m.
Zoom ID – 885 2339 5123
Password – 433031

General Service Committee (GSR)
District 23
Meets the 1st Mon. of the month
6:00 p.m. – 7:00 p.m.
Zoom ID – 854 898 114
Password – 061035

Santa Barbara Young People's AA
SBYPAA Service Committee
Meets at your Central Office the 1st and 3rd Wednesday
6:00 p.m. - 7:00 p.m.

The Messenger is published by
YOUR Central Office.

Please send submissions to:
manager@santabarbaraAA.com

*Have an AA birthday?
Please let your Central
Office know so that we can
print it in The Messenger.*

That is **365** years
of sobriety!!!



May Birthdays!!!

Member	Years
Avalon	1
Connor J	2
Rhiannon	2
Morgan M	2
Trina O	2
Andrew	4
Amanda M	6
Stephanie H	10
Jack D	12
Michael B	14
Steve E	15
Richard K	19
Cynthia H	29
Michael A	31
Catherine S	38
Steve D	40
Peter H	42
Barbara H	47
Matt J	49

CENTRAL OFFICE

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Santa Barbara, CA 93031

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